



Resicare Alliance

Accessibility Statement & Policy

Document Control

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Department responsible:	Education
Job Title of Lead Person:	Chris Brown (Head of Education)

Blossom Rose Primary School

Relationships and Sex Education (RSE) Policy

1. Introduction

Blossom Rose is a nurturing, trauma-informed primary setting dedicated to supporting children who have experienced significant trauma and neglect. Our RSE policy reflects our commitment to providing a safe, inclusive, and developmentally appropriate curriculum that promotes healthy relationships, emotional literacy, and personal safety.

2. Aims and Objectives

The RSE curriculum at Blossom Rose aims to:

- Foster self-esteem, resilience, and emotional wellbeing.
- Support children in developing safe, respectful relationships.
- Equip pupils with the language and understanding to express feelings and boundaries.
- Promote understanding of body autonomy and personal safety.
- Prepare pupils for changes associated with growing up, in a sensitive and age-appropriate way.

3. Statutory Requirements

As a primary independent school, Blossom Rose delivers Relationships Education in line with the DfE statutory guidance. While Sex Education is not compulsory, we provide age-appropriate content around body changes and reproduction where necessary, with parental consultation or social worker consultation with opt-out options.

4. Curriculum Design

Our RSE curriculum is:

- Embedded within our PSHE and wellbeing provision.
- Delivered through small-group sessions tailored to individual needs.
- Informed by trauma-sensitive approaches and therapeutic principles.
- Inclusive of diverse family structures, identities, and experiences.

Topics include:

- Friendships and relationships
- Recognising and managing emotions
- Respecting boundaries and consent
- Online safety and digital relationships
- Understanding body changes (puberty)
- Keeping safe and seeking help

5. Safeguarding and Trauma-Informed Practice

Given the vulnerabilities of our pupils:

- All RSE content is delivered by trained staff with knowledge of trauma and attachment.
- Lessons are adapted to avoid triggering content and promote emotional safety.
- Pupils are supported by trusted adults and therapeutic staff during and after sessions.
- Disclosures or concerns arising from RSE lessons are managed in line with our Safeguarding Policy.

6. Parental – Social Worker Engagement

We value partnership with parents and carers:

- The RSE policy is shared and reviewed annually.
- Social Workers / parents are informed of curriculum content and have the right to withdraw their child from non-statutory sex education, through writing to the Headteacher
- We offer workshops and resources to support conversations at home.

7. Monitoring and Review

The RSE policy is reviewed annually by the Senior Leadership Team, with input from staff, parents, and pupils where appropriate. Adjustments are made to reflect evolving needs, statutory updates, and best practice.